



# Christ House

HEALING AND HOPE FOR HOMELESS PERSONS



Published July 2019

## 2018 Annual Report



## DEAR FRIENDS,

At Christ House, we care for medically vulnerable men with acute injuries and chronic illnesses who are experiencing homelessness. We specialize in a multilayered treatment model which provides 24-hour medical care, case management services, addictions counseling, and food services. For the past 33 years, we have remained focused on this mission as we continue to work to break the cycle of homelessness.

Recently, we've noticed changes in our region that make our work more critical than ever. Patients present with increasing complexity due to multiple medical issues, further confounded by mental illness and substance addiction. This year's Point-in-Time count revealed that single, unaccompanied homeless men make up nearly three-fourths of the overall homeless population in DC, and of this group, 18.7% had a chronic health problem, 28.1% were diagnosed with several mental illness and 24.2% had chronic substance abuse. In addition, hospitals are discharging patients sooner, returning them to the street before health is restored and oftentimes without necessary social supports in place. Because of these realities, the patients we see are at greater risk of suffering from post-treatment complications or falling ill again.

There is a growing need for the comprehensive and compassionate care that we provide, and we remain committed to this important work. In light of these recent challenges, we continually seek to establish and strengthen our relationships with hospitals, clinic systems, and other organizations to reach individuals earlier and place them in stable housing.

Because of your faithful investment in our work and belief in our mission, we can ensure that the most vulnerable among us receive the care they need and have every opportunity to heal and experience hope.

With gratitude,

*Elizabeth*

Elizabeth Bebbler  
Executive Director

## Thank you for your generosity in 2018!



**2,379**  
donors



**4,894**  
financial  
gifts



**\$98,740**  
value of in-kind  
donations



# David's Story

Around our community, David is known as a man of few words. But behind his quiet personality, he has a smile that lights up a room.

David fell in and out of homelessness for over ten years before coming to Christ House. He started drinking when he was thirteen and struggled with addiction for several decades. One night, David tripped and fell into a hole. He was in tremendous pain and had trouble walking, so he checked himself into the emergency room the next morning.

After David was discharged with a fractured ankle in a boot, he returned to the area behind a library where he had been living. He endured life outside with a broken ankle even as winter approached and the weather worsened. When he began to fear catching pneumonia, David took himself to see a shelter clinician whom he had maintained on-and-off contact with for many years. Coincidentally, that clinician was a former Christ House Year Long Volunteer. She recognized his need for serious medical attention and called our intake coordinator. Later that day, David was admitted to Christ House.

"I had no idea how sick I was,"

David recalls. At Christ House, he discovered that he was borderline diabetic, at high risk for strokes, and had heart problems. David needed a level of care that would offer support far beyond treatment for his physical injury. He found just that at Christ House.

Nine months later, David is one of the most engaged members of our community.

He successfully graduated from our New Day addictions recovery program and continues to attend as many Alcoholics Anonymous and Narcotics Anonymous meetings as he can. David recently joined the Kairos Program, where he has his own apartment, volunteers at Christ House, and walks with confidence—and a contagious smile on his face.

Reflecting on his journey, David notes that recovery isn't easy. But despite the challenges, David says, "I feel a lot better now, and I have hope. I'm looking forward to a better future."

*"I feel a lot better now,  
and I have hope. I'm  
looking forward to a  
better future."*



# Your Support Helped Fulfill Our Mission in 2018

Our mission begins when a patient comes through our doors.



**231** patient admissions

**43 days** average length of stay

**64%** of patients were age 55 or over

**59%** presented with three or more health issues

**53%** had no income at admission

Upon admission, each patient meets with a nurse practitioner for a physical exam. From there, we develop a full treatment plan.

**Common conditions include trauma injuries (fractures, wounds, and burns), diabetes, cancer, respiratory conditions, hypertension, and mental illness.**

All patients at Christ House receive:



**comprehensive medical services**



**case management**



**nutritious food**

to restore health in body, mind, and spirit.



# Thank you to our generous supporters!

## \$3,000+ Partners

*\$3,000 covers the unreimbursed cost of one day of comprehensive medical and social services for up to 33 patients.*

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## \$1,500+ Associate Partners

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Rebecca Vander Veer  
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Heather West  
Carol and Merold Westphal  
Edward Williams

## **\$1,500+ Organizational Grants**

William S. Abell Foundation  
AmeriHealth Caritas  
Services LLC  
Arcana Foundation  
Association of American  
Medical Colleges  
Morris & Gwendolyn Cafritz  
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John Edward Fowler  
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Mars Foundation  
MAXIMUS Foundation  
Rapoport Family Foundation  
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Share Fund  
Alexander and Margaret  
Stewart Trust  
The Albert L. Tucker  
and Elizabeth T. Tucker  
Foundation  
The Safeway Foundation  
United Way of the National  
Capital Area  
World Bank Community  
Connections Fund

## **Volunteer Meal Groups**

All Souls Episcopal Church, DC  
The Bruderhof  
Community, NY  
Burke Presbyterian, Burke, VA  
Church of the Advent, DC  
The District Church, DC  
Felix Lodge No. 3, DC  
First Baptist Church of the  
City of Washington, DC  
Foundry UMC, DC

Friends Meeting of  
Washington, DC  
Friends of Nancy Charlton, DC  
Grace Capital City, DC  
Grace Meridian Hill  
Church, DC  
Holy Trinity Catholic, DC  
Indiana University East,  
Richmond, IN  
Jack M. and Friends, DC  
Lewinsville Presbyterian  
Church, McLean, VA  
Mt. Zion UMC, DC  
Potomac UMC, Potomac, MD  
Dennis Rudy & Team  
Shrine of the Most Blessed  
Sacrament, DC  
Sam Stern  
St. Alban's Episcopal, DC  
St. John's Episcopal, Mt.  
Rainier, MD  
St. Luke's Episcopal, DC  
St. Mark Catholic, Vienna, VA  
St. Nicholas Orthodox, DC  
St. Peter's Catholic, DC  
St. Thomas Episcopal, DC  
Trinity UMC, McLean, VA  
Trinity Washington  
University, DC  
University of Maryland,  
College Park, MD  
Veritas City Church, DC

# Here's How Volunteers Supported Our Mission in 2018:

**2,516**  
Individual  
Volunteers

**10**  
Year Long  
Volunteers

**47**  
Kairos  
Members

**9,951** Hours

**9,643** Hours

**10,029** Hours



**41**  
Meal Groups

**40**  
Work Groups

**2,549** Hours

**1,095** Hours

**341** Meals  
Served



*"We are honored and grateful that we get to be  
a part of the work that Christ House does."*

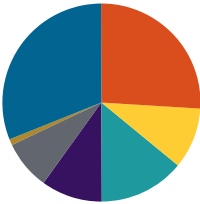
**- Christ House volunteer**

# Revenue & Expenses

## REVENUE

Individuals and Churches	1,485,096	31%
Federal and Local Government Grants	1,247,508	26%
Kairos House	465,154	10%
Foundations and Corporations	684,236	14%
Reimbursement	464,504	10%
Donated Services	366,444	8%
Interest & Dividends	49,600	1%

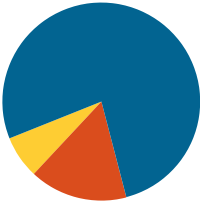
**TOTAL: 4,762,542**



## EXPENSES

Program Expenses*	3,645,443	77%
Administrative and Fundraising Expenses	768,107	16%
Change in Assets	348,992	7%

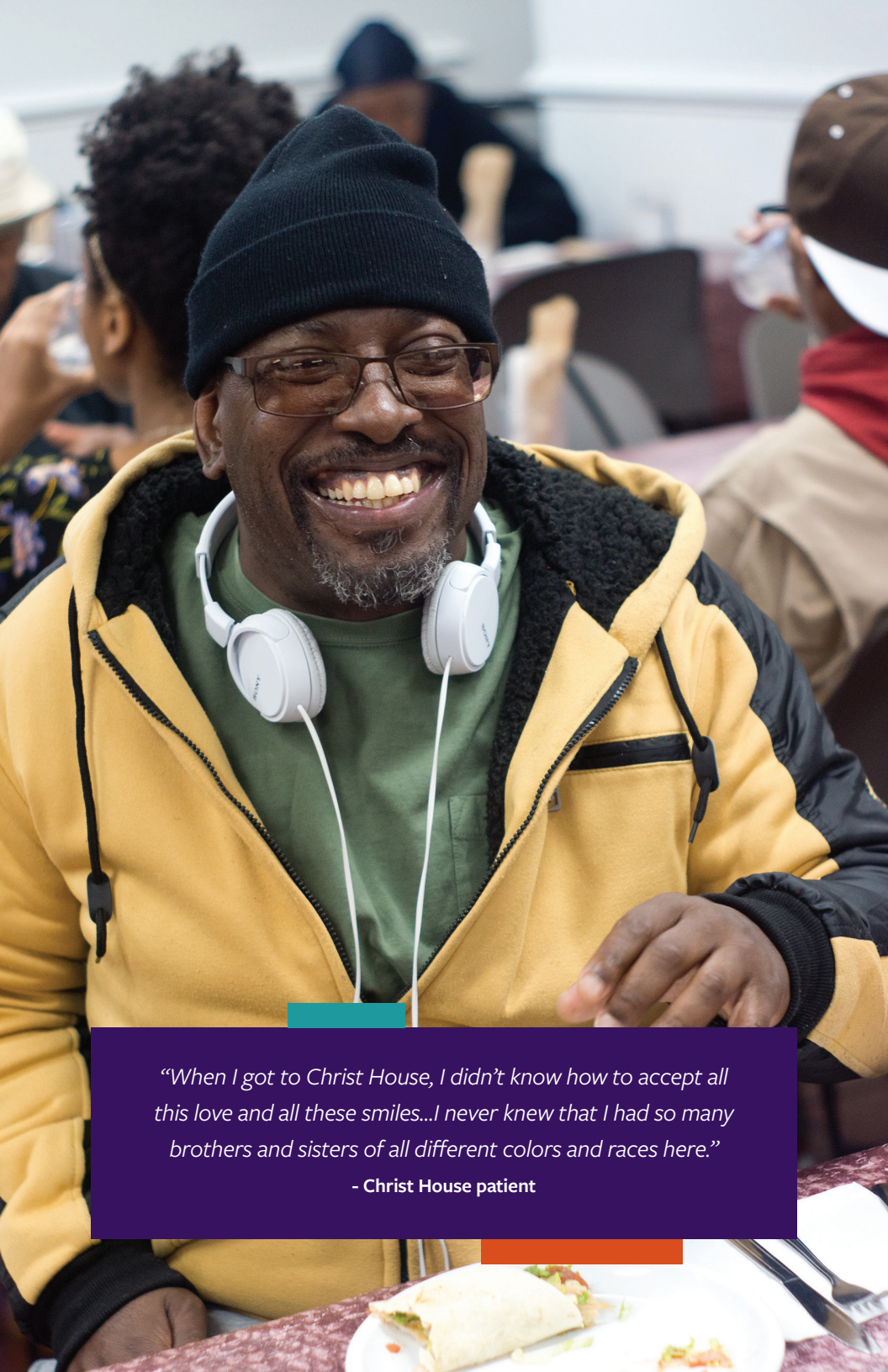
**TOTAL: 4,762,542**



*\*Program expenses include medical care, case management, food services, addictions counseling, and the Kairos Program.*

Christ House is a 501c3 nonprofit corporation. Copies of the completed financial statement, audited by CohnReznick, LLP, Certified Public Accountants, are available from Christ House upon request.





*"When I got to Christ House, I didn't know how to accept all this love and all these smiles...I never knew that I had so many brothers and sisters of all different colors and races here."*

**- Christ House patient**



Christ  
House

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