



CHRIST HOUSE

Providing Healing & Hope for Washington's Homeless since 1985

Annual Report 2012



Our Mission

The mission of Christ House is to provide comprehensive and compassionate health care to sick, homeless men and women in the District of Columbia to assist them in addressing critical issues to help break the cycle of homelessness.

A MESSAGE FROM THE PRESIDENT:

Dear Friends,

In 2012 Christ House completed our 27th year of providing comprehensive medical and support services to Washington, DC's homeless men and women. The challenges are great—our patients come to us with many complex medical problems such as HIV/AIDS, cancer, hepatitis, diabetes, and heart, kidney, and liver diseases. Most patients have more than one chronic illness, and many are also struggling with mental health and addiction issues.

At Christ House, we bring our many years of experience to tackling these complex problems and helping patients get back on their feet. Our comprehensive approach of medical care, case management, addictions counseling, food, and other holistic support services continues to produce life-changing results. One of our patients said it best during his graduation from New Day, our addictions recovery program: "I want to give thanks to Christ House—everybody stuck with me."

The Kairos Program continues to be a strong and vital recovery community for formerly homeless men. Currently, there are 48 men living in their own apartments. In 2012 six new members were admitted to the program, and the men worked together with staff members to make "An Opportune Time," a short film about their community.

As you will see from the enclosed financial information, Christ House has recovered in the most part from the significant issues in 2011. 2012 was a time of transition and renewal at Christ House, with key new staff members leading our development and volunteer departments.

As we look toward 2013 and beyond, we are all firm in our commitment to provide the best care to our patients. None of this work would happen without your faithful stewardship. I am forever grateful for your generous support which makes this possible.

Sincerely,

Allen Goetcheus
President



Board of Directors

Donald Martin, MD
Chairperson

Family Practitioner, Unity Health Care at Columbia
Road Health Services

Allen Goetcheus, MDiv, MS

President & Chief Executive Officer, Christ House

Janelle Goetcheus, MD

Vice President & Medical Director, Unity Health Care

Mary Jordan, RN, CRNP
Treasurer

Clinical Director, Unity Health Care at Christ House

William Jordan, RN, CRNP
Secretary

Nurse Practitioner, Unity Health Care at Columbia
Road Health Services

Elizabeth Bebbler, MDiv

Coordinator of Year-Long Volunteers, Christ House

Eric Bebbler, MDiv

Kairos Program Manager, Christ House

Lawrence Bush

Member, Kairos Program
Nursing Assistant, Unity Health Care at Christ House

Michael Cola

Member, Kairos Program

John Craig

Clinical Support Manager, Unity Health Care at
Christ House

Gerald Henderson

Member, Kairos Program
Nursing Assistant, Unity Health Care at Christ House

Henry Jones

Member, Kairos Program
Shower Program Coordinator,
Unity Health Care at Christ House

Marcella Jordan, SND, MA, MSW
Chaplain, Christ House

As of December 31, 2012

"Christ House exemplifies what it means to put the good news of the gospel into action. Were it not for the ministry of Christ House, hundreds of homeless men and women would suffer in silence on the streets. I support the work of Christ House because it calls all of us to a deeper level of love of God and our neighbors."

- Rev. Dean Snyder, Foundry United Methodist Church Senior Minister



MEDICAL CARE AT CHRIST HOUSE

In 2012, Christ House had 248 admissions. These patients are referred to Christ House by hospitals, social workers, family members and some even come in off the streets. Our intake staff screens each patient for homelessness and acute medical need. If a bed is available and the patient meets all the medical criteria for admission, Christ House will admit the patient.

Once admitted to the medical floor, a nurse takes the patient's vitals and reviews the admissions paperwork. Each patient is thoroughly briefed on the rules and regulations that must be followed at Christ House. Then the patient meets with Megan, our nurse practitioner, who collects a medical history and performs a full physical examination. This allows for a plan of care to be created to best treat each patient that we see.

After the assessment, a nursing assistant sorts and stores any belongings that the patient brings and escorts him to an available room. At this point, each patient is given a meal, new clothing, and toiletries.

In order to stay on top of each patient's progress and recovery a medical practitioner is assigned to each patient. The medical practitioner leads a team that includes Megan, nurses, a case manager, and an addictions counselor. The teams meet weekly to evaluate each patient's development and progress.

Case managers take a person-centered approach to address the complex needs of our patients. After an initial intake meeting, case managers meet at least weekly with patients and help facilitate referrals to outside programs at discharge. Case managers also work to obtain health insurance, income benefits, and legal documents such as birth certificates.

In 2012, the average patient length of stay was 42.8 days. The most common illnesses included hepatitis C, diabetes, hypertension, HIV/AIDS, heart, kidney and liver disease, and mental health diagnoses. Many patients also suffer from drug and alcohol addictions. Overall, there were 10,618 patient-days of care in 2012.



Our intake and patient care procedures are quite extensive. However, as Janelle Goetcheus, co-founder and Medical Director of Christ House recently said to patients, "The care you receive is nothing extraordinary. It is the level of care you've always deserved." Christ House's remarkable medical staff is dedicated to providing dignified, compassionate, and comprehensive health care to each patient that walks through our doors.



"I've never been to a place so open-hearted."

-Christ House Patient

KAIROS PROGRAM 2012

- 6 new members admitted
- 55 members provided a total of 13,316 hours of community service, averaging 242 hours each
- Kairos Gospel Choir performed over 60 times
- Lifetime program sobriety rate is 82 percent
- Over 10,000 Alcoholics Anonymous and Narcotics Anonymous meetings were attended by members
- At the end of 2012 there were 51 men in the program
- Average participant was 60 years old
- Oldest member was 82
- Youngest member was 42



KAIROS SUCCESS STORY

Samuel had been in and out of jail and using drugs for most of his life. When he was released for the last time at 55 years old, he knew he couldn't continue to live his old lifestyle anymore. After living on the streets for almost two years, he was admitted to Christ House to treat hepatitis C and ongoing depression. Christ House staff effectively treated and helped him manage his medications. Samuel thrived in the supportive community and graduated from the New Day Addictions Recovery Program and faithfully attended Alcoholics Anonymous meetings. Through showing perseverance and commitment to his sobriety, Samuel moved to the Kairos Program in 2012. When asked about Christ House he said, "blessings are around every corner. I just didn't see them. That's what Christ House has been to me."



An Opportune Time

In 2012 Christ House was given a grant of \$1,860 by the Humanities Council of Washington, DC through the DC Community Heritage project, which allows residents to tell the story of their neighborhoods and communities.

The film, "An Opportune Time," tells the story of Adams Morgan and how the men in the Kairos program have seen the neighborhood transform over the years. In order to give the men ownership of the film, they did most of the narration, filming and gave input on the feel and content of the video.

In 2013 we will be hosting screenings of the film and making it available on our website.

"I believe that Christ House found me, rescued me, and set me forth on a path to recovery."

- Kairos Program resident

THANK YOU TO OUR OUTSTANDING DONORS

CHRIST HOUSE PARTNERS

Partners are those that contribute \$3,000 or more per year to the mission of healing sick homeless men and women.

Anonymous (7)
Ben and Andrea Beaton
Jo Ann and James Beckley
Joan and Richard Belliss
Robyn and Andrew Brown
Stephen Bruce
Paula Bryan and Richard Denison
Burke Presbyterian Church, Burke, VA
Ellen and Charles Campbell
Laura Canfield and Richard Thomas
Donald Carrington
Donna Chacko and Wilbur Turner
Sally and Randy Collins
Julie Coons
Jess and Kimberly Cornaggia
Mary and Gordon Cosby
Kelli and Victor Stuart Cox, III
Linda and John Derrick
Cheryl and Samuel Dimon
Emmanuel Seventh-Day Adventist Church, Ashton, MD
Lois and Richard England

James Ferguson
Jean and Ray Fitzgerald
Donetta George
Julie and Thomas Gingrich
Lorna and David Gladstone
Donald Graham
Jeanne and Frederic Groos
Margaret and Jack Guenther
Carl Gunderson
Kate and Dennis Hardy
Anne and William Harpster
Felicia and John Hendrix
Holy Spirit Catholic Church, Annandale, VA
Holy Trinity Catholic Church, Washington, DC
Lynne and Joseph Horning
Immanuel Presbyterian Church, McLean, VA
Connie and David Jeremiah
Joint Base Anacostia Bolling Chapel Fund, Washington, DC
Kathleen Jordan
Kalorama Village
Michael Kim
Juliana Simmons Kopec

Lewinsville Presbyterian Church, McLean, VA
Barbara Foley Meeker
Mary Mellon
Ruth and David Neuhouser
New York Avenue Presbyterian Church, Washington, DC
Gail and John Nields
Dotty and Roger Nittler
Lee and Anthony Partridge
Mari-Anne Pisarri
Kathleen and Edward Quinn
Grace and Chapman Taylor
Carolyn and Donald Ticknor
Judith Tsui and Peter Dull
Unity Health Care, Inc
Margery and Andrew Wallo, III
Washington Society for Close Harmony Singing, Washington DC
Pier and James Wright
Betty Jean and Philip Young
Rachel and Aaron Ziulkowski
Gianna and Dario Zucchi



Partner Level

\$3,000 is the cost of one day of comprehensive medical and social services for up to 34 patients.

CHRIST HOUSE ASSOCIATE PARTNERS

Associate Partners are those that contribute \$1,500 to \$2,999 per year to the mission of healing sick homeless men and women.

Anonymous (3)
20/20 Group
Christopher Adams
Suzanne and Bill Alsnauer
Mary Anders
Helen and Frederick Arnold
Bruce Block
Ellen and John Boardman
Daniel Byler
Tansy Chapman
Sally and Ronald Collins
Alice Coons
Lois and David Coulter
Jeffrey Dauer
Mary and Sean Echevarria
Marian and Peter Edelman
Grace Ellison
Franciscan Friars of the Atonement
Garrison, NY
Bonnie and James Gallo
Billie and Stuart Geisbert Jr.
Beverly and Ronald Gori
Rosemarie Gramlich
Judith and Richard Hayes
Caroline and John Hedman
Patricia and Christopher Hoban

J. Kent Holland
Heidi Joos and Ivy Booth
Emily and Gregg Kendall
Charles Kluepfel
Michael Koroluk
Kelly and David Largent
Miriam Laub
Jill and Dean Lin
Ethel and James Martin
Marian and Thomas Molinaro
Christine Morales
Lucy and Cecilio Morales
Ruth and David Neuhouser
Carrie and Winston Nottingham
Erica and Andrew Palmisano
Jane and Karl Polzer
Mary Grace Remeikis
Judy and Jack Riggs
Kim and Patrick Shaver
Elizabeth Shelly
Barbara Simmons
Dorothy and Charles Starr
Katherine and Robert Tardiff
Linda and James Trippi
Nancy and Robert Vaughn

Patricia and Edward Weber
Barbara Wege
Heather West
Carole Westphal
Edward Williams



"I give to Christ House because I see miracles of physical healing, but also miracles of remembering and caring for the lost and otherwise forgotten."

- Christ House Donor

THANK YOU TO THE FOUNDATIONS AND ORGANIZATIONS THAT SUPPORT CHRIST HOUSE

ORGANIZATIONS

These organizations made financial grants of \$1,500 or more.

Alexander and Margaret Stewart Trust
Clark-Winchcole Foundation
The Share Fund of The Community
Foundation of the National Capital Region
International Monetary Fund
Jim and Patty Rouse Charitable Foundation
John Edward Fowler Memorial Foundation

Mars Foundation
Molly Lee Campbell Foundation
Philip L. Graham Fund
Porter Family Charitable Foundation
Rachael and Ben Vaughan Foundation
SPM Foundation
The Humanities Council of Washington, DC

United Way of the National Capital Area
William S. Abell Foundation
World Bank Community Connections Fund
Yokefellow Society

MATCHING GIFT PROGRAMS

The following organizations matched the gifts of their employees.

Bank of America Foundation
Chevron Humankind
Colgate-Palmolive Matching Gifts Program
GE Foundation

Merck Employee Giving Campaign
International Monetary Fund
Pfizer Foundation Matching Gifts Program

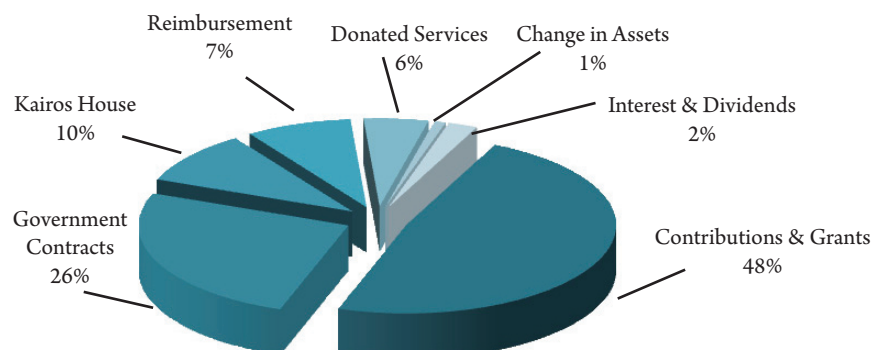


FINANCIALS

Using Your Gifts Responsibly

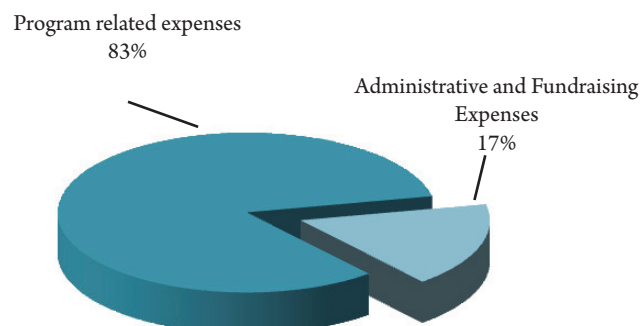
REVENUE

Contributions and Grants	\$1,922,521
Government Contracts	\$1,021,302
Kairos House	\$384,590
Reimbursement	\$287,659
Donated Services	\$235,746
Change in Assets	\$35,519
Interest & Dividends	\$92,086
TOTAL	\$3,979,423



EXPENSES

Program-Related Services	\$3,297,948
Administrative and Fundraising Expenses	\$681,475
TOTAL	\$3,979,423



Christ House is a 501c3 non-profit corporation. Copies of the completed financial statement, audited by Halt, Buzes and Powell, Ltd., Certified Public Accountants, are available from Christ House upon request.

CHRIST HOUSE MEAL GROUPS

Meal groups serve in the kitchen by helping to prepare and serve a meal and assisting with clean-up. These wonderful volunteer groups participated in the program in 2012.



"Christ House is full of such joy and hope. I love seeing the same faces, as well as new ones. It is a privilege to see men recover and grow while at Christ House."

- Christ House Volunteer

All Saints Episcopal Church,
Chevy Chase, MD
All Souls Episcopal Church,
Washington, DC
Blessed Sacrament Catholic
Community, Falls Church, VA
Burke Presbyterian Church,
Burke, VA
Christ Cornerstone Healing
Ministries, Bowie MD
Christ Crossman United
Methodist Church, Falls
Church, VA
Church of Jesus Christ of Latter-
Day Saints, Washington, DC
Church of the Advent Anglican
Washington, DC
Commercial Real Estate Women
(CREW) Washington, DC
Crossroads United Methodist
Church, Ashburn, VA
District Church, Washington DC
Foundry United Methodist
Church, Washington, DC

Friends Meeting of Washington,
Washington, DC
Grace DC Presbyterian Church,
Washington, DC
H. Stew Productions, Adelphi,
MD
Holy Trinity Catholic Church,
Washington, DC
Jack Montgomery, Washington,
DC
Lewinsville Presbyterian
Church, McLean, VA
Long and Foster Real Estate,
Washington, DC
Marymount University Student
Nurses Association, Arlington,
VA
Mas Alla Del Sol, Washington,
DC
Mount Zion United Methodist
Church, Washington, DC
Peace Corps Alumni,
Washington, DC

Simpson-Hamline United
Methodist Church, Washington,
DC
St. Alban's Episcopal Church,
Washington, DC
St. Luke's Episcopal Church,
Washington, DC
St. John's Episcopal/Anglican
Church, Mount Rainier, MD
St. Mark Catholic Church,
Vienna, VA
St. Nicholas Russian Orthodox
Cathedral, Washington, DC
St. Paul United Methodist, Oxon
Hill, MD
St. Peter's Catholic Church,
Washington, DC
St. Thomas Parish Episcopal
Church, Washington, DC
Trinity United Methodist
Church, McLean, VA

*"I fully believe in the mission of Christ House and I have never been in an organiza-
tion that gives so much help and support to its clients. I sincerely feel the appreciation
from the clients and love the playful attitude expressed by everyone in the organization."*

- Christ House Volunteer



CHRIST HOUSE 2012 BY THE NUMBERS

- 248 admissions
- 10,618 patient-days of care
- Average length of stay 42.8 days
- 2,549 donors
- 1,401 individual volunteers
- 79 volunteer groups provided and/or served 591 meals
- 63,601 meals served
- 12 new graduates from New Day, our in-house Addictions Recovery Program



PATIENT ACTIVITIES PROGRAM



A variety of activities are available to Christ House patients: art and poetry workshops, exercise sessions, playing videogames, movie nights, and excursions to parks, museums, and sporting and cultural events.

ACTIVITIES

The following organizations supported our Cultural Activities Program with tickets or performances throughout the year.

Bowl America
The Choral Arts Society of Washington
Dakshina/Daniel Phoenix Singh Dance Company
International Spy Museum
Washington Mystics
Washington Nationals
Washington Wizards

*"It felt so nice to feel like a normal person again...
I was able to get out and do normal things."*

- Christ House Patient

PASTORAL CARE AND SPIRITUAL LIFE

The pastoral staff offers a presence to our patients who are suffering from multiple and complex losses. Through daily one-on-one contacts and spiritual activities, we seek to ease the pain of hopelessness and isolation. Patients have the option to participate in Sunday services, scripture study, weekly prayer, and a recovery support group. In addition, the pastoral staff maintains relationships with patients who have left the program for hospitalization, hospice care, or nursing homes. The overarching purpose of the program is to offer patients and the men in the Kairos Program the opportunity to heal spiritually while also recovering from physical illnesses and addictions. Our program is interdenominational and ecumenical with a variety of faith traditions represented.



HOW YOU CAN HELP BREAK THE CYCLE OF HOMELESSNESS

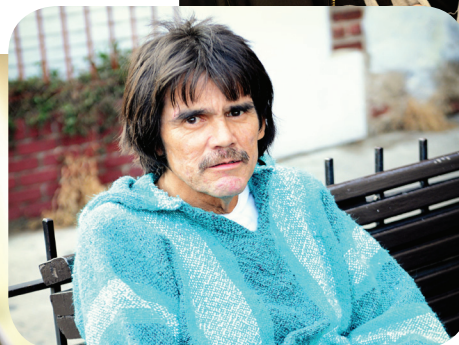
Your support helps change the lives of homeless men and women in the District of Columbia. Please contact us at (202)328-1100 or development@christhouse.org to make a financial contribution or to volunteer.

Ways to help:

- Consider a first-time financial gift or an increase in your giving this year.
- Consider contributing to Christ House through the United Way/ Combined Federal Campaign or the United Methodist Advance.
- Collect supplies or clothing for Christ House, visit our website for current in-kind needs.
- Become a volunteer at Christ House.
- Tell one new person about Christ House.
- Visit Christ House and take a tour of our facility.

Contact Us

1717 Columbia Road, NW
Washington, DC 20009
(202) 328-1100
www.christhouse.org



Thank you to all those who supported Christ House in
2012. Your loyalty and generosity has helped
vulnerable men and women find healing in the District of Columbia.



You can access an electronic copy of
this Annual Report on our website at
www.christhouse.org
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www.rmnphotography.com