



Day by Day

The mission of Christ House is to provide comprehensive health care to sick, homeless men and women from the District of Columbia, and to assist them in addressing critical issues to help break the cycle of homelessness.

CAUGHT IN THE COLD: ARCTIC TEMPERATURES AND THE HOMELESS

Christ House continues to serve those in need thanks to your help

The recent polar vortex sweeping through the United States has left many people holed up in their homes but those affected most by these record temperatures are the homeless.

Christ House has seen an increase in referrals for homeless individuals with frostbite and signs of hypothermia due to the single-digit temperatures.

Recently, a patient was found by EMS on the streets of Washington, DC in the bitter cold with wet boots and socks. He had difficulty walking and was diagnosed with frostbite on both feet. Our Clinical Support Manager, John Craig, pointed out the complications that alcohol use and mental illness can



Left to right: Christ House building covered in snow. Henry, a member of the Kairos Program, sorts warm clothing in the shower room. A makeshift tent covered in snow in a Washington, DC park. Many homeless men and women live outside in freezing temperatures.

People come to Christ House because they know we will help. Though we can't provide all of them with a bed, we will make sure they find a place to stay in the cold weather.

have during cold weather. "Alcohol use and mental illness can cause people to be unaware of the freezing temperatures, which can be life threatening."

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Henry Jones, a Kairos Program member who runs the shower pro-



gram at Christ House has noticed the heightened need of those on the street. Henry notes, "We've seen many more people off the street wanting to take a warm shower and get dry warm clothing and jackets."

Our efforts to help those most affected by the cold are possible because of donors like you! Thanks to your generous support Washington, DC's homeless population has a safe place to turn to during the cold winter.



RESULTS OF YOUR SUPPORT

PATIENT STATS

- 269 patient admissions
- 10,133 patient-days of care
- Average length of stay was 37.7 days
- 64,090 meals served
- The most common illnesses we treated were: HIV or AIDS; cancer; organ failure including liver, kidney, and heart diseases; skin diseases including frostbite, ulcerations, and gangrene; respiratory diseases; burns, fractures, and wounds from accidents and assaults; hepatitis C; diabetes; hypertension; and mental health diagnoses.

DONOR STATS

- 2,637 individuals, churches, community groups, foundations, and corporations made a total of 5,295 financial gifts
- 260 individuals and groups made 559 in-kind gifts, including food, clothing, toiletries, and household goods and appliances

VOLUNTEER STATS

- 1,660 individuals contributed 37,046 volunteer hours
- 101 meal groups, comprised of over 400 volunteers, provided and/or served 555 meals
- 48 visiting groups served meals and completed special projects

YOU MADE 2013 A SUCCESS

Since opening our doors on Christmas Eve 1985, Christ House has been changing and improving our facility and programs to better serve our patients. This past year was no exception as donors and volunteers truly made Christ House even better.

One major improvement was the installation of the handicap accessible front door. Patients and Kairos members can now enter the building safely and easily thanks

"Christ House saved my life, I can't thank everyone enough."

- Christ House Patient



to our faithful donors. A patient that has been with us for over a year for cancer treatment had the following to say, "The new door is great! It's made moving about much easier."

Another wonderful success in 2013 was the Kairos Program video, *The Opportune*



Time.

The film tells the story of the transformation of the Adams Morgan neighborhood and the men in the Kairos Program. This labor of love showed the community the creativity and struggles of homeless men in Washington, DC.

And as always our dedicated volunteers cleaned, painted, gardened, educated, cooked and served meals to our patients. These daily tasks make a large impact on the effectiveness of Christ House's programs.

Support from volunteers and donors this past year was summed up best by a patient that exclaimed, "Christ House saved my life, I can't thank everyone enough."



**Help make 2014 a great year
by volunteering or donating
to Christ House today!**

YOU MADE IT A VERY MERRY CHRISTMAS

Thanks to your generous support, Christ House patients felt the true spirit of Christmas!

Thanks to your kind donations of clothing, food, gifts, and holiday decor, our patients had a festive Christmas filled with joy and love.

Every year, we are amazed by the dedication of our volunteers that serve meals, play carols, and wrap gifts for our patients.

We are grateful for the donors and volunteers who make Christmas a truly special time for our patients!



POINT, SHOOT, AND SCORE!

Georgetown Women's Basketball teams up with Christ House

Patient Activities are one of the highlights for our patients in recovery. It allows many men that have been socially isolated for a long time the opportunity to get out and do fun and "normal" activities.

Chris Tansey, our Activities Coordinator, solidified a partnership with Angela Anthony, a graduate intern at Georgetown University Athletics. Chris said, "Over the past few months, she has been one of the most kind and generous contacts I have had."

Georgetown is one of many community organizations that provides tickets to events.



Would you like to donate tickets to an event for our patients?

Contact the development office at 202-328-1100 or development@christhouse.org

Last year, Christ House organized over 75 outside activities for patients, using both tickets donated by organizations and individuals as well as free events around Washington, DC.

Community partners are vital to the healing and well-being of our patients, as many of them are dealing with complicated illnesses, addiction, and depression.

Chris added, "Angela has donated tickets to many games and even had the game announcer give a shout out to Christ House patients on the loudspeaker. She has really provided a lift for the men at Christ House."

You Could be a Year-Long Volunteer at Christ House!

Join us for a year of intentional faith-based service providing holistic health care to the homeless in Washington, DC.

The Christ House Year-Long Volunteer Program is now accepting applications for our 2014-2015 community.



For more information on how you can become a Year-Long Volunteer at Christ House, visit our website or contact Lizzie Bebber, Coordinator of Year-Long Volunteers, at 202.328.1100 or ylv@christhouse.org.

Sing Out For Shelter



Saturday February 22nd, 2014

Metropolitan Memorial
United Methodist Church

8:00PM

3401 Nebraska Avenue, NW
Washington, DC 20016

For more information or to reserve advance tickets, contact the development office at 202-328-110 or development@christhouse.org

Christ House is Hiring!



Christ House is looking for a full-time custodian and part-time additions technician.

For more information about both positions please refer to our website at:
www.christhouse.org/about/employment

To apply, send a resume and cover letter to jobs@christhouse.org or fax to 202-328-1850

#381215

The Advance
Advancing hope in Christ's name

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RETURN SERVICE REQUESTED

christhouse.org



CHRIST HOUSE
1717 Columbia Road, NW
Washington, DC 20009

